

PacFW - REC Program SSUL



INTRODUCTORY COACHES MEETING



Fall 2025



August 25th, 2025.



Please follow...

* Make sure you are muted



Agenda

- ❖ Club Leadership
- ❖ PacFW – Rec Program
- ❖ SSUL and affinity
- ❖ Playmetrics & Practices
- ❖ FAQs and Questions





Club Leadership



US Soccer Structure



Gordo Millan



Coaching Experience

- ❖ PacNW ECNL - Present
- ❖ WA State EPD - Present
- ❖ Federal Way HS Varsity Coach - Present
- ❖ Bellevue College Assistant Coach 2019 - 2022
- ❖ XF Premier 2019 - 2021

Playing Experience

- ❖ Professional Soccer - Venezuela 2002 - 2014
- ❖ Venezuela National Team U13 - U20
- ❖ NPSL Seattle, WA - 2014 - 2018

Coaching License

- ❖ USSF National B License

PacFW Rec Admin Team

Gordo Millan – PacFW - Director gordo@pacnwsc.org

**Nicole Holtman -
Registrar**

FwRecRegistrar@pacnwsc.org

- Player Registration
- Team formation
- Volunteer coordinator
- Practice scheduler
- City of federal way contact for field issues. Text 253.241.9747

**Chris Morrow -
Rec Manager**

FWRecManager@pacnwsc.org

- Game schedules
- U6-U12 uniforms

Dave Lanning

FWRecUniforms@pacnwsc.org

- U13+ soccer.com uniform coordinator
- Gear distribution & collection



PacFW - Rec

Program Overview and Philosophy



OVERALL OBJECTIVES AT TRAINING

Trainings are active (no laps, lines or lectures)

Quality repetition over quantity

Being coachable

Problem-solving + Decision Making

Most importantly: FUN!



PRACTICE FIELDS

- ❖ Practices need to start/end ON TIME.
- ❖ If you need to speak with families/teams, please do this off the field.
- ❖ Teams must practice on the fields we have reserved.
- ❖ Please don't use the other field spaces, as we do not have them rented.
- ❖ Practice maps were emailed to all coaches & team staff.
- ❖ Any questions on your practice space, email Nicole at FWRECREGISTRAR@PACNWSC.ORG
- ❖ Practice maps will also be sent through Playmetrics so families know where their kids are practicing.
- ❖ Print a copy of our rental agreement to keep with you at practice. *Included in the email with practice maps.



SSUL GAME SCHEDULE

SSUL Game Schedule is posted at wys.affinitysoccer.com

Rescheduling Games

- ❖ Please do everything you can to keep the original game dates.
- ❖ Rescheduling is hard on opponents and club administrators.
 - Reschedules are preferred to cancellations.
- ❖ Be as flexible as possible on revised dates and reschedule games as soon as possible.
- ❖ Reschedules **MUST** be coordinated with the opposing team AND your Club Admin. Field availability and referee crews need to be coordinated as well.
- ❖ The Reschedule button will only be available until 4 days before the match.
 - **DO NOT** rely on the button.
 - **CALL** and **EMAIL** the opposing coach.



HOME GAMES RESPONSIBILITIES

Home Team:

- ❖ Field of play.
 - Karl Grosch 9v9 field marked with cones.
 - Grass fields at Celebration Park will be lined.
 - ❖ Provide a proper game ball.
-
- U9 – U10 Home Games at Celebration Park
 - U11 - U12 Home Games at Karl Grosch Park at Steel Lake
 - U13+ Home Games at Sacajawea, Karl Grosch, and Saghalie.



GAMES LOADED TO PLAYMETRICS

U9+ team staff is responsible for adding their games into playmetrics.

- ❖ Login to your coach/staff profile.
- ❖ “Add game” on your team page.

PACFW-R B12 MAROON (MILLER)

Current Season



Add Game

Summary

Calendar

Games

Roster

Attendance

Fields

Forms

Fees

Resources



USE YOUR PLAYMETRICS

- Add SSUL game schedule.
- Need to cancel practice? OK! Send a note to your team with an explanation/reason.
- Need to change a practice?
(Combine with another team, scrimmage, etc.)
 - This needs to be done through Nicole.
 - Please allow 24/48 hours notice to make the change.
- The Help Center has lots of great Articles
<https://help.playmetrics.com/hc/en-us>







FAQS

- **Coaches package?**

- ▶ Balls, cones, pinnies, and pug goals are available for all coaches.

- ▶ **Uniforms?**

- ▶ U6 – U12 are provided by the club and will be distributed to coaches.
 - ▶ U13 and above are purchased by each family through Soccer.com
 - ▶ *Dave Lanning (fwrecuniforms@pacnwsc.org)* has set up uniform store and emailed links to all players.
 - ▶ Coaches, please follow up with your players as families need to order asap!
 - ▶ Not all families have ordered!



FAQS

- ▶ Are training days mandatory?
- ▶ **Yes!** Players are expecting to train twice a week. If a last-minute situation comes up, please communicate accordingly with your families to ensure everyone is in the loop.
- ▶ Can we find coverage if we can't avoid it?
- ▶ **Yes!** Reach out to the families on your team to see if anyone is interested in helping to cover, or to your fellow volunteer coaches in the program.
- ▶ Reminder: anyone helping to cover **must** be RMA cleared!



WHAT IS NEXT?

▶ After this meeting:

- ▶ Follow-up email from fwrecregistrar@pacnwsc.org
 - ▶ Copy of slides
 - ▶ Practice maps
 - ▶ Rental agreement
 - ▶ Contact info for PacFW admin
- ▶ Curriculum and rules email from gordo@pacnwsc.org
 - ▶ Rules and curriculum for each age group.



MANDATORY

**Attend the SSUL Coaches Meeting at
7:00pm tonight**

- ❖ The link will be emailed out directly from the SSUL to all coaches.

Gracias



